

## Writing Prompts:

Write a diary entry about preparing for a big sporting event.

Create a set of instructions for a warm-up routine.

Imagine you are a reporter at a school tournament — write your news report.

Write a story about a child who overcomes a challenge in sport.

Describe the feelings of a competitor just before a big race.

Invent a futuristic sport and explain how it works.

Write a letter to a sports hero, telling them why they inspire you.

Create a poem that describes the excitement of sports day.

P.E. Writing Toolkit – YEAR 4 – Sentence Starters

Here is a bank of sentence starters that can be used as prompts or to help you get started...

I stepped onto the field and...

The crowd was silent as...

My warm-up routine begins with...

“You can do this,” I whispered to myself...

To play this game, first you must...

I watched as the players took their positions...

If I could meet any athlete, it would be...

Everyone gave their best, but...

At the sound of the whistle...

The excitement was building as...

## P.E. Writing Toolkit – YEAR 4 – Vocabulary Bank

Here's a bank of good words and phrases that can be used as prompts or to help you to improve your writing...

### Action Words

compete  
participate  
encourage  
jog  
pass  
aim  
sprint  
defend  
lead  
coach

### Describing Words

motivated  
focused  
energised  
relieved  
triumphant  
powerful  
united  
competitive  
disappointed  
determined

### Things / Equipment

scoreboard  
stopwatch  
cones  
pitch  
team bibs  
racket  
net  
medal  
podium  
goalpost